

Place	Bib	Name	Time	Lap 1	Lap 2	Lap 3	Lap 4
1	228	Krissy O'Connor	34:04.5	7:41.5	8:36.6	8:44.2	9:02.2
2	183	Jan Sheppard	34:54.0	8:26.5	9:03.5	8:57.9	8:26.0
3	19	Lisa Ng	35:10.1	7:48.0	8:56.8	9:27.0	8:58.2
4	59	Lisa Hunkin	38:18.7	8:52.6	10:12.3	9:51.2	9:22.6
5	48	Yvonne Boland	38:33.2	9:30.4	9:51.3	9:49.3	9:22.2
6	216	Sorrel Fagen	42:27.4	9:44.2	10:47.8	11:00.0	10:55.4
7	226		43:31.3	9:57.3	10:48.8	11:39.4	11:05.7